

RISK Assessment Walking Football.

Following the FA guide lines for walking football there are no competitive games being played at this time. Training sessions can be held outdoors.

Members cannot travel by car with someone from outside their household.

We can hold training sessions of no more than 6 persons, and more than 1 group can participate

I have spoken to the Hornets and as long as we conform to the guide lines of Distancing and sanitation we can use the pitches, the clubhouse is not to be use.

Each player to provide their own hand sanitizer, this must be used both before and after the session.

Each player can supply their own drink with no sharing of bottles etc.

We supply our own equipment for the session and one person is responsible for the sanitizing of all the equipment used.

There will be no handling or heading of the ball, the cones and markers cannot be handled by anyone other than the appointed person.

During the session Social distancing must be adhere to with no contact between players.

On completion of the session all the equipment used including the ball is to be sanitised.

Gloves and masks can be worn by the participants but must be taken away by the individuals and not shared.

Normal hygiene practises must be adhered to, this includes the need to cough, sneeze or spit to clear their throat.

It is recommended that a session only lasts 40 minutes.

On completion no congregating is to take place without strict adherence to the 2 Meter rule of social distancing.

Each person is required to undertake a personal risk assessment.

Considering the following: Their own personal circumstances. Their own health and fitness, levels of vulnerability and age. Members living in a household where there is someone who is clinically vulnerable and has limitations on contact with others.